

# PSALMS 121

*A song of ascents.*

1 I lift up my eyes to the mountains—  
where does my help come from?

2 My help comes from the LORD,  
the Maker of heaven and earth.

3 He will not let your foot slip—  
he who watches over you will not slumber;

4 indeed, he who watches over Israel  
will neither slumber nor sleep.

5 The LORD watches over you—  
the LORD is your shade at your right hand;

6 the sun will not harm you by day,  
nor the moon by night.

7 The LORD will keep you from all harm—  
he will watch over your life;

8 the LORD will watch over your coming and going  
both now and forevermore.